



Now we're talking

Your baby's brain grows and develops the most in the first 3 years of life.

When you talk, play and respond to the little sounds and gestures your baby makes, it helps them to learn to communicate, build social skills and to express their emotions.

For answers to lots of questions on parenting, from tantrums to teething, look out for the mychild.ie books and website. You'll find expert practical and easy-to-understand advice from doctors, midwives, public health nurses, dietitians and many more experts.

mychild.ie

Expert advice for every step of pregnancy,
baby and toddler health



Seirbhís Sláinte
Níos Fearr
á Forbairt

Building a
Better Health
Service