



Covid-19 Guidelines When Attending a Face to Face EAP Appointment

Please do not attend for your face to face appointment if you are feeling unwell and/or you have any of the following symptoms:

- 1. You are displaying signs and symptoms of COVID-19 cough/fever/shortness of breath.
- 2. You have been in contact with a confirmed or suspected case of COVID-19.
- 3. You or a close contact are waiting on COVID-19 testing or test result.
- 4. You have recently returned from travel abroad in the last 14 days.

If any of the above applies, please contact your local EAP office and we can arrange the session by video or by phone instead.

Due to COVID-19 restrictions we have no waiting rooms and are operating a "Right on Time" appointment system.

- 1. Please arrive at the time of your scheduled appointment as you will not have access to the building prior to your appointment time. Even if the door is open, please do not enter as there may be no one to direct you and you may unintentionally interrupt another appointment.
- 2. Call the phone number provided to you when you arrive.
- 3. The counsellor or admin staff will let you know when they are ready to start the session.

When inside the building:

- Please wear a mask when entering the building.
- According to current HSE Guidelines it is necessary to maintain at least 2 metres social distancing at all times.
- If you require water during your appointment, we advise you to bring your own bottle.
- Please bring your own pen to note the date of your next appointment.
- You will be required to sanitise your hands on entering and exiting the building. Hand sanitisers will be available onsite for your convenience.
- There are limited toilet facilities available in this location.
- To avoid the risk of cross contamination please, If you are coming from an acute hospital, nursing home or patient centred service ensure you have changed your clothes/scrubs and washed your hands, arms and face before attending the appointment.